

# HEALTH OBSERVANCES AT A GLANCE 2006

DEPARTMENT OF HEALTH & HUMAN SERVICES  
CENTERS FOR DISEASE CONTROL AND PREVENTION  
AGENCY FOR TOXIC SUBSTANCES AND DISEASE REGISTRY

## January

**National Birth Defects Prevention Month**  
Birth Defects and Developmental Disabilities  
[www.cdc.gov/ncbddd](http://www.cdc.gov/ncbddd)

**Cervical Health Awareness Month**  
Cervical Cancer and Awareness  
[www.cdc.gov/cancer/nbccdp/info-cc.htm](http://www.cdc.gov/cancer/nbccdp/info-cc.htm)

**January 9-15**  
**National Folic Acid Awareness Week**  
Folic Acid  
[www.cdc.gov/ncbddd/folicacid](http://www.cdc.gov/ncbddd/folicacid)



## February

**American Heart Month**  
Cardiovascular Health  
[www.cdc.gov/cvh](http://www.cdc.gov/cvh)

**National Children's Dental Health Month**  
Children's Oral Health  
[www.cdc.gov/OralHealth/factsheets/#children](http://www.cdc.gov/OralHealth/factsheets/#children)

**February 3**  
**National Wear Red Day**  
The Heart Truth  
[www.nhlbi.nih.gov/health/hearttruth](http://www.nhlbi.nih.gov/health/hearttruth)



## March

**National Colorectal Cancer Awareness Month**  
Colorectal Cancer Screening Saves Lives  
[www.cdc.gov/cancer/screenforlife/fb\\_screening.htm](http://www.cdc.gov/cancer/screenforlife/fb_screening.htm)

**National Nutrition Month**  
Nutrition Topics  
[www.cdc.gov/nutrition](http://www.cdc.gov/nutrition)



**March 10**  
**National Women and Girls HIV/AIDS Awareness Day**  
HIV/AIDS among Women  
[www.cdc.gov/hiv/pubs/facts/women.htm](http://www.cdc.gov/hiv/pubs/facts/women.htm)

## April

**Minority Health and Health Disparities Month**  
Minority Health and Health Disparities  
[www.cdc.gov/omh](http://www.cdc.gov/omh)



**Sexual Assault Awareness Month**  
Sexual Violence  
[www.cdc.gov/ncipc/factsheets/svfacts.htm](http://www.cdc.gov/ncipc/factsheets/svfacts.htm)

**April 7**  
**World Health Day: Working Together for Health**  
CDC Homepage  
[www.cdc.gov](http://www.cdc.gov)

## May

**National High Blood Pressure Education Month**  
High Blood Pressure  
[www.cdc.gov/cvh/library/fs\\_bloodpressure.htm](http://www.cdc.gov/cvh/library/fs_bloodpressure.htm)

**National Osteoporosis Awareness and Prevention Month**  
Bone Health  
[www.cdc.gov/nccdp/hp/dnpa/bonehealth](http://www.cdc.gov/nccdp/hp/dnpa/bonehealth)



**May 14-20**  
**National Women's Health Week**  
Women's Health  
[www.cdc.gov/od/spotlight/nwhw](http://www.cdc.gov/od/spotlight/nwhw)

## June

**June 1 - July 4**  
**Fireworks Safety Month**  
Fireworks-Related Injuries  
[www.cdc.gov/ncipc/factsheets/fworks.htm](http://www.cdc.gov/ncipc/factsheets/fworks.htm)

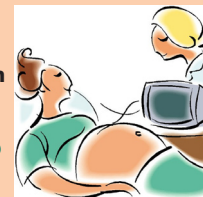


**June 12-18**  
**National Men's Health Week**  
Men's Health  
[www.cdc.gov/men](http://www.cdc.gov/men)

**June 4**  
**National Cancer Survivors Day**  
Cancer Survivorship  
[www.cdc.gov/cancer/survivorship](http://www.cdc.gov/cancer/survivorship)

## July

**International Group B Strep Awareness Month**  
Preventing Group B Streptococcal Disease  
[www.cdc.gov/groupbstrep](http://www.cdc.gov/groupbstrep)

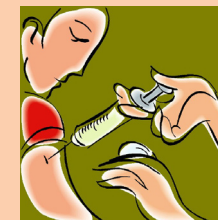


**June 1 - July 4**  
**Fireworks Safety Month**  
Fireworks-Related Injuries  
[www.cdc.gov/ncipc/factsheets/fworks.htm](http://www.cdc.gov/ncipc/factsheets/fworks.htm)

**UV Safety Month**  
Skin Cancer Prevention: Questions and Answers  
[www.cdc.gov/chooseyourcover/qanda.htm](http://www.cdc.gov/chooseyourcover/qanda.htm)

## August

**National Immunization Awareness Month**  
National Immunization Awareness Month  
[www.cdc.gov/nip/events/niam](http://www.cdc.gov/nip/events/niam)



**August 1-7**  
**World Breastfeeding Week**  
Breastfeeding  
[www.cdc.gov/breastfeeding](http://www.cdc.gov/breastfeeding)

## September

**Healthy Aging Month**  
Healthy Aging for Older Adults  
[www.cdc.gov/aging](http://www.cdc.gov/aging)

**Ovarian Cancer Awareness Month**  
Ovarian Cancer Awareness  
[www.cdc.gov/cancer/ovarian](http://www.cdc.gov/cancer/ovarian)



**September 27**  
**National Women's Health and Fitness Day**  
Energize Your Life  
[www.cdc.gov/nccdp/hp/dnpa/physical](http://www.cdc.gov/nccdp/hp/dnpa/physical)

## October



**National Breast Cancer Awareness Month**  
National Breast and Cervical Cancer Early Detection Program  
[www.cdc.gov/cancer/nbccdp](http://www.cdc.gov/cancer/nbccdp)

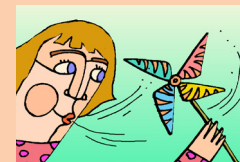
**Children's Health Month**  
Raising Safe and Healthy Kids  
[www.cdc.gov/od/spotlight/nwhw/kids.htm](http://www.cdc.gov/od/spotlight/nwhw/kids.htm)

**Domestic Violence Awareness Month**  
Intimate Partner Violence  
[www.cdc.gov/ncipc/factsheets/ipvfacts.htm](http://www.cdc.gov/ncipc/factsheets/ipvfacts.htm)

## November

**American Diabetes Month**  
Diabetes: Frequently Asked Questions  
[www.cdc.gov/diabetes/faq/index.htm](http://www.cdc.gov/diabetes/faq/index.htm)

**November 16**  
**Great American Smokeout**  
How to Quit: Useful Resources to Quit Smoking and Avoid Tobacco Use  
[www.cdc.gov/tobacco/how2quit.htm](http://www.cdc.gov/tobacco/how2quit.htm)



**Epilepsy Awareness Month**  
Epilepsy  
[www.cdc.gov/epilepsy](http://www.cdc.gov/epilepsy)

## December

**National Drunk and Drugged Driving (3D) Prevention Month**  
Impaired Driving  
[www.cdc.gov/ncipc/factsheets/driving.htm](http://www.cdc.gov/ncipc/factsheets/driving.htm)

**December 1**  
**World AIDS Day**  
HIV/AIDS  
[www.cdc.gov/hiv](http://www.cdc.gov/hiv)

**December 3-9**  
**National Hand Washing Awareness Week**  
Clean Hands Saves Lives  
[www.cdc.gov/cleanhands](http://www.cdc.gov/cleanhands)

